

Collaborative Working Outcomes Summary

Project Title:

The co-design of a digital health pathway of care for the delivery of the POSITIVE OUTCOMES PROM

Parties to the Collaborative Working:

1.University Hospitals Sussex NHS Foundation Trust (UHS), having its principal place of business at Sussex House, Kemptown, Brighton BN1 9RH

2.Gilead Sciences Ltd a company registered in England (registration number: 02543818), having a principal place of business at 280 High Holborn, London WC1V 7EE (“Gilead”)

Start Date: 09/2022

End Date: 01/2025

Outcomes Summary:

The Positive Outcomes PROM digital pathway was co-designed with people living with HIV and clinicians, then integrated into the Emerge app and tested across three HIV clinics over three months, with paper completion available as an alternative.

Of 289 patients invited, 124 completed the PROM digitally before their appointment and 10 completed it on paper. Completion rates were similar across sexes, though slightly higher in males. PROM scores suggested females reported higher levels of worries/problems than males.

Patients received the PROM mainly by text, email, or paper. For future use, most preferred receiving it by email or completing it on paper during blood appointments. Patients found the PROM useful for supporting discussions with clinicians, and doctors used the responses during consultations.

Project Learnings:

- The digital integration of the Positive Outcomes PROM into routine HIV care was both feasible and effective.
- Offering the PROM both digitally and on paper ensured accessibility.
- While patients found the PROM helpful for facilitating discussions with their doctors, the study highlighted varied preferences for receiving reminders and completing the PROM.
- These findings underscore the importance of tailoring delivery methods to patient preferences to maximize engagement and optimise person-centred care.

Publications:

N/A

Contributions of Each Party:

See executive summary